**Awareness, perspectives and satisfaction levels among patients with psoriatic arthritis: a multicentric cross-sectional survey**

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**Abstract**

**Introduction:** Perception of the disease and its management impacts patients with Psoriatic arthritis (PsA) to a great degree. Studies examining patients’ viewpoints and perception of their disease and its management are scarce. This multicentric cross-sectional survey was undertaken to understand the perspectives of patients with PsA.

**Methods:** A survey questionnaire with items on demographics, awareness about their disease, treatment, physical therapy, quality of life and satisfaction with the care received was designed. After internal and external validation, a pilot survey was conducted, and the questionnaire was finalized. The final survey (with translations in local languages) was carried out at 17 centres across India.

**Results:** There were 262 respondents (56% males) with mean age of 45.14 ± 12.89 years. In 40%, the time lag between onset of symptoms and first medical assessment was more than a year. In most patients, the diagnosis of PsA was made by a rheumatologist. Over 83% of patients were consulting their rheumatologist and taking treatment as advised. Lack of time and cost of therapy were the common reasons poor adherence. Eighty-eight (34%) patients were not fully satisfied with their current treatment. Two-third of patients had never seen a physiotherapist. The daily activities and employment status were affected in nearly 50% of patients.

**Conclusion:** The current survey has identified a gap in patients’ awareness levels and helps healthcare providers in understanding the varied perceptions of patients with PsA. Addressing these issues in a systematic manner would potentially improve the treatment approaches, outcomes, and patient satisfaction levels.

**Keywords:** Quality of life, Arthritis, Psoriatic, Survey questionnaire